



# Food Down the Road

Your connection to local food in Kingston and countryside

## Eating Close to Home

*A printable version of your  
2011 local food directory*

### **Burt's Greenhouses**

Brian Burt & Ruth Hayward  
539 Maple Road  
613-386-3426  
www.burtsgh.com  
*Fine annuals, perennials and  
vegetables, sweet potatoes and winter  
greens.*  
Farm store

### **Corn Acre Farms**

Neil and Gale Banks  
1757 Summers Rd.  
613-928-2977  
cornacres@ripnet.com  
www.cornacrefarms.com  
*Specializing in sweet corn for over 45  
years, good assortment of potatoes &  
tomatoes, snap beans.*  
Gananoque Stand, Brockville Farmers  
Market, Wendy's Mobile Market.

### **Desert Lake Gardens**

Rick & Pat Dawson  
PO Box 70 4400 Mill St Sydenham,  
ON K0H 2T0  
613-374-3047  
rick@desertlakegardens.com  
www.desertlakegardens.com/  
*Produce, meat, shiitake mushrooms, eggs,  
dairy, prepared foods*  
Online, restaurant, farmer's market.

### **Doublejay Farms** ★

Dianne & Peter Dowling  
Howe Island  
613-546-0869  
*Organic Meadow milk producers -  
available through various local grocery  
stores. Producer of organic beef.*  
Call the farm or email dowling@kos.  
net

### **Elm Tree Farm** ☽

Tom Waller  
1090 Hayes Road, RR 4, Arden  
613-335-3361  
elmtree@kos.net  
www.elmtreefarm.ca  
*Vegetables*  
Farm sales, CSA & restaurants in  
Ottawa

### **Forest Farm** ★

David Hahn, Marion Watkins, & Miguel  
Hahn  
9874 Canoe Lake Road  
613-273-5545  
dhahn@rideau.net  
forestfarm.wordpress.com  
*Maple syrup and organic garlic*  
Tara Foods, New Beginnings, and farm  
gate/garlic festivals

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### **Legend:**

- ★ Certified Organic
  - ☽ Biodynamic (Demeter certified)
  - ★ Uncertified Organic
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### **Freedom Farm** ★

Will & Sharon Freeman  
1863c Wellington St., Battersea, ON  
K0H 1H0  
613-353-6889  
info@freedom-farm.ca  
www.freedom-farm.ca  
*CSA vegetables. Growing for  
Storrington Township and downtown  
Kingston. Delivery available.*  
Join our market newsletter for produce  
availability. Details on site. Some  
produce available at Glenburnie  
Grocery, Old Farm Fine Foods and  
through Wendy's Mobile Market.

### **The Frugal Farm** ★

Karen and Terry Plunkett  
Elgin  
613-359-5955  
info@thefrugalfarm.ca  
*Naturally-raised heritage pork, beef  
and lamb.*  
Custom orders. Kingston market

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*This printable directory last updated June 5th, 2011. Get more online at*

**www.fooddowntheroad.ca**

### ***Gerrie's Glorious Greens***

Gerrie Baker  
874 Grady Road, Foley Mountain,  
Westport, Ontario K0G 1X0  
613-273-7595 or leave a message  
1-888-299-6266.

***Fresh, healthy heirloom vegetables,  
herbs and edible flowers available four  
seasons. Many old perennials and  
veggie varieties.***

Arrange a regular food box; pick your  
own. Tour the 8,000 sq ft year round  
greenhouse, outdoor gardens, worm  
factory. Westport Farmers Market,  
Saturday and Wednesday.

### ***Greystones Farm*** \*

Frank Misek  
592 Simmons Rd Odessa ON K0H  
2H0  
613-386-3447  
greystonesfarm@gmail.com

***Grass fed lamb, pastured poultry,  
seasonal vegetables.***

Frontenac Farmer's Market, Verona-  
Saturday mornings.

### ***Henderson Farms***

Robert Henderson  
Wolfe Island  
613-544-4144  
www.hendersonfarms.on.ca

***Jams, jellies, marmalades, ginger  
squares & brownies.***

Kingston Market (Tue, Thu, Sat),  
Shriners Market, or order online

### ***Island Growing Company*** \*

Laird and Julie Leeder  
5605 Front Road  
613-546-2342  
laird.leeder@me.com  
www.islandgrowingcompany.ca

***CSA, eggs, grains and flour, maple,  
poultry, vegetables.***  
Call ahead, by order.

### ***The Kitchen Garden*** \*

Evan Quigley  
Wilton, ON  
613 386-1249  
evangarden@gmail.com

***Seasonal vegetables, cut flowers.***  
Kingston Market

### ***Limestone Stables*** ★

Home of Limestone Organic  
Creamery  
Family Groenewegen  
3113 Sydenham Rd, Elginburg  
613-545-9214

www.limestonecreamery.com

***Available now at Farmgate beef, pork,  
poultry, eggs***

Farmstore and Home Delivery of organic  
dairy products, fall 2011

### ***Main Street Market*** \*

Tim & Tracy Lyon  
613.344.0798  
the.main.street.market@gmail.com  
www.mainstreetmarket.ca

***Honey, tea, coffee, drinks, herbs,  
catering, weekly baskets, downtown  
Kingston delivery.*** Educational  
programs.

CSA, website, by phone.

### ***Mountain Road Simmentals***

Agnes & Ernie Hagerman  
440 Mountain Road, Tamworth  
613-379-2980

***Beef and goat meat.***

Beaver Lake Variety, farm gate by  
appointment

### ***O'Brien's Farm Market***

Jack O'Brien  
875 Kingston Mills Road  
613-549-7120  
obriens.farm@cogeco.ca  
***Fruits, vegetables & greenhouse***  
Kingston Market, HDH and Shriners  
Farmers Market

### ***Oak Leaf Lamb Land***

Mary Lynne & Tony Locke  
434 Lower Oak Leaf Road, Athens  
613-928-2246

***Lamb by the side, whole or choice of cut***  
Farm gate & by phone

### ***Okee's Farm***

Jan Broeders and Alexandra Ireland  
2166 Hwy 96, Wolfe Island  
613-385-2102  
okeesfarm@gmail.com

***Seasonal vegetables and CSA***

Kingston Public Market, Old  
Farm Fine Foods, John's Deli, local  
restaurants

### ***Patchwork Gardens*** ★

Megan Joslin, Ian Stutt & Eric  
Williams  
4649 Milburn Road, Battersea  
613-483-0005  
info@patchworkgardens.ca  
www.patchworkgardens.ca

***Certified Organic Veggies & Herbs***

Kingston Farmers Market and  
Summer & Winter CSA

### ***Perry Maine-Anjou Farms***

Dave & Kim Perry, with Justin, Kaitlyn,  
Grant & Mason.

4547 Yarker Road, Harrowsmith  
613-377-6668

***Beef (grass or grain finished), pork, and  
turkeys. Polled Black Maine-Anjou  
breeding stock and donkeys.***

Local Family Farms Store, Verona.  
(Livestock at farm gate.)

### ***Pykeview Meadows Bison***

Christina & Jason Pyke  
1465 Hwy 95, Wolfe Island, Ontario  
K0H 2Y0  
613-385-2941

info@pykeviewmeadows.com

www.pykeviewmeadows.com

***Naturally-raised, hormone-free bison.  
Roasts, steaks, burgers, stew, sausages,  
etc.***

***Visit our new farm store.***

Great selection of cuts available at The  
Ottawa Farmers Market on Sundays  
(Lansdowne Park), Tara Foods,  
Glenburnie Grocery, Pig & Olive, Old  
Farm Fine Foods, Wendy's Country  
Market, and local restaurants.

**Railway Creek Farm ★**

Elly Finlayson-Blanchard & Grant  
Blanchard  
Madoc  
613-473-2889

railwaycreek@gmail.com  
railwaycreekfarms.blogspot.com  
**Certified organic garlic & beef**  
Farm gate (phone ahead)

**Ravensfield ㊦**

Titia Posthuma  
Maberly  
613-268-2248

**Wide range of vegetables & pork**  
Kingston Market & at Foodsmiths  
& weekly CSA food box (Perth,  
Kingston)

**Reinink Family Farms ★**

Hank-John & Janet Reinink  
Yarker  
613-378-2479  
reinink@kingston.net

**Certified organic free-run eggs &  
vegetables**  
Kingston Market, Tara Foods

**Rockledge Farm**

Dale Williams  
RR#3, Odessa  
613-389-8900

**Pastured pork**  
Farm gate, Frontenac Farmers' Market

**Root Radical Community  
Shared Agriculture ✿**

Emily Dowling  
Howe Island  
613-546-0869  
www.rootradicalrows.com

**Organic vegetables & herbs, organic  
eggs, and fair-trade Palestinian olive  
oil**

Weekly CSA shares available for pick  
up on Howe Island, east Kingston, or  
downtown Kingston

**Roots Down Organic Farm ★**

Jeff and Sue Klug  
145 Taylor Rd. West  
613-382-9568  
jeff@rootsdown.ca  
www.rootsdown.ca

**CSA vegetables and bulk veggies for  
canning or winter storage.**

Weekly CSA Shares for pick-up in  
Gananoque, Downtown and West  
End Pick-up. Kingston Farmers  
Market.

**RV Farm**

Ronnie & Vicki Foster  
7243 County Road 9, RR3 Napanee  
613-354-1452  
vfoster@kos.net  
freshfromthefarm.com/rvfarm

**Various fruits and vegetables in season,  
fresh free range eggs on the farm.**  
Farm gate; farmstand at Princess &  
Bayridge, and Kingston Market

**Sonset Farm ★**

Orrie, Andrea, & Charlie Cumpson  
4403 Latimer Road, Inverary  
613-353-2260

**Producer of Organic Meadow dairy  
products, grass-fed organic beef,  
pastured pork, spelt flour & kernels,  
seasonal vegetables, & eggs**

Farm gate, phone, Glenburnie  
Grocery, Wendy's Country Market,  
Local Family Farms (Verona), Old  
Farm Fine Foods, & Tara Foods

**Strattons Farm**

Sally & Michael Knight  
507 Maple Rd, RR#3, Stirling, ON,  
K0K 3E0  
613-395-4440

strattonsfarm@xplornet.ca  
strattonsfarm.blogspot.com

**Heritage Berkshire Pork, heirloom  
vegetables, pasture raised poultry.**  
Farm gate (call ahead), by order.

**Sugar Hill Farm ★**

Janet & Michael Voith & family  
3207 Clark Road, Battersea  
613-353-6380  
voith.family@sympatico.ca

**Certified organic grass-fed Black  
Angus beef, chickens, Muscovy Ducks,  
Bronze Turkeys and guinea fowl, Red  
Tamworth pork, eggs, maple syrup,  
wood, hay**  
Call to order

**Sun Harvest Greenhouses**

Alison & Greg Shannon  
2542 Perth Road, Glenburnie  
613-546-6541  
sunharvest@sympatico.ca or info@  
sunharvest.ca  
www.sunharvest.ca

**Pesticide-free hydroponic tomatoes,  
lettuces, cucumbers, corn, herbs; in-  
season vegetables, raspberries, asparagus;  
annuals & perennials**  
Farm gate; Glenburnie Grocery, John's  
Deli, Tara Natural Foods, Bearances

**Sunflower Farm ✿**

Cam & Michelle Mather  
2622 Mountain Road, Tamworth  
613-539-2831

**Organically grown garlic and other  
vegetables**  
Available by phone

**Willow Brook Farm & CSA**

Andy deVette and Joanne  
Chamberlain  
2168 County Rd 22, Bath ON, K0H  
1G0  
613-352-7755  
willowbrookfarmcsa@gmail.com  
www.willowbrookfarmcsa.blogspot.com  
**Market garden**

## ***The Worm Factory***

Gerrie Baker  
874 Grady Road, Foley Mountain  
Westport, Ontario K0G 1X0  
613-273-7595 or leave a message  
1-888-299-6266.

***Arrange an Environmental Education package for schools or businesses to celebrate your own Green Initiative.***

Red wigglers convert food waste, coffee grounds, tea leaves, egg shells, lint, hair, fur, feathers, fibers, wood and paper products into nutrient rich soil.

## ***Vegetables Unplugged CSA*** ♦

c/o Windkeeper Community Farm  
#602 Hwy 96, Wolfe Island, ON  
613-385-8569

vegetablesunplugged@gmail.com  
www.vegetablesunplugged.ca

### ***Organic vegetables***

CSA, Farmgate by chance, Wolfe Island Market, 9 am to 12 am  
Saturdays June to Sept

## ***Vicki's Veggies*** ♦

Vicki Emlaw & Tim Noxon  
81 Morrision Point Road, Prince Edward County, Around the corner from Black River Cheese  
613-476-7241

www.vickisveggies.com

***Heirloom tomatoes, mixed greens, many other vegetables & herbs, CSA Voucher Program***

Seasonal roadside store, Tomato Seedling Sale in May, Tomato Tasting Labour Day Weekend

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# **Business and Grocery Listings**

*The businesses below sell or feature local food.*

## ***Atomica Gourmet Pizza & Wine Bar***

Tim Pater  
71 Brock Street  
613-530-2118  
info@atomica.ca  
www.atomica.ca  
***Meats, produce (seasonal), dairy***  
At the restaurant

## ***Bath Sunday Market***

Centennial Park, Main Street Bath, at the corner of Fairfield and Bath Road  
May 22 through to October 9, 9:30 am to 2:00 pm

## ***Bearances Grocery***

Michael Greenwood  
115 Livingston Ave  
613-548-4441  
mgreenwood@cogeco.ca  
***Sun Harvest hot house tomatoes, other produce as ready.***  
Store.

## ***Brian Quinn's Meats Ltd.***

Brian Quinn  
4001 City Rd #1, RR#2, Yarker, ON  
613-377-6430  
quinnsmcats@hotmail.com  
quinnsmcats.com  
***Beef, pork, processed & cured meats.***  
Store. Quinn's Meats. 4001 City Rd #1, RR#2, Yarker.

## ***Fred's Bread***

Fred Debenedetti  
830 Norwest Rd., Kingston  
613-389-0237  
***A variety of traditional-style artisan breads (manufactured on site) most of them using stone-milled certified organic flours with no added fat, sugar, eggs or dairy.***  
Tara Natural Foods, John's Deli (Kingston).

## ***Harper's Burger Bar***

Tim Pater  
93 Princess Street  
613-507-3663  
info@harpersburgerbar.com  
www.harpersburgerbar.com  
***Meats, produce (seasonally), & dairy***  
At the restaurant

## ***Homestead Organics***

Tom Manley  
1 Union Street, Berwick ON K0C 1G0  
613-984-0480  
tom@homesteadorganics.ca  
www.homesteadorganics.ca  
***Organic mixed feeds, grains, seed, livestock supplements, fertilizers, pest controls, groceries, books.***  
Our store and dealers in Kingston, Napanee, Lansdowne, Madoc, Picton.

## ***Le Chien Noir Bistro***

Tim Pater  
69 Brock Street, Kingston, ON, K7L 1R8  
613-549-5635  
info@lechiennoir.com  
www.lechiennoir.com  
***Meats, produce (seasonal), dairy***  
At the restaurant

## ***Local Family Farms Store***

Main Street, Verona  
613-374-3663  
localfamilyfarms@bellnet.ca  
***Open year round, selling food grown within 100 km radius***

## ***Mill Street Cafe***

Sydenham  
613-376-1533  
www.desertlakegardens.com  
***Serves food from Desert Lake Gardens and many other local producers.***  
Open for lunch Tuesdays through Saturdays and for dinner Saturday nights.

### ***Mountain Path Inc.***

Robert Hogg  
10755 Pepperville Rd  
613-989-2973  
bob@mountainpath.com  
www.mountainpath.com

***Organic Stone Ground Flours; Spices; Grains; Nuts; Dried Fruits; Chocolate; Coffee; Granola; Household cleaners; Juices; Culinary Oils; Pastas & Sauces; Snack Foods; Sodas; Sugar and baking supplies; Teas; Canned Tomatoes.***

Natural Foods stores and restaurants, plus coop buying clubs, in Ontario and Quebec.

### ***Old Farm Fine Food***

Nancy George and Steve France  
204 Barrie St., Kingston  
oldfarm@sympatico.ca

***Heritage tomatoes, vegetables, herbs, preserves, flowers, honey, and value added products such as fresh and frozen meals. Hundreds of varieties of heirloom vegetable and herb seedlings available every spring.***

Supporting local producers of meat, poultry, cheese from Fifth Town Artisan Cheese, Glengarry Cheesemaking and St. Albert Cheddar.

### ***Rawdogfeed.com***

Walt Freeman  
4994 Battersea Rd., Battersea KOH 1H0  
613-353-2500  
info@rawdogfeed.com  
rawdogfeed.com

***Beef by-product, inedible egg.***

Pick up at our location in Battersea, local delivery.

### ***Tara Natural Foods***

Rudi Mogl  
81 Princess St.,  
Kingston K7L 1A6  
613-546-4439  
tara@kingston.net  
www.taranaturalfoods.com

***Seasonal fruits and vegetables, grains, beans, honey, maple syrup, meat, cheeses, breads and baked goods, health and beauty, roasted coffee, bottled beverages, & prepared and frozen meals.***

Available at store.

### ***The Iron Duke on Wellington***

Chef Amanda, GM Renaud  
207 Wellington St., Kingston  
613-542-4244  
info@ironduke.ca  
www.ironduke.ca

***We support many local farms, such as Enright Cattle Co., Lyons' Farms, Haanover View Farms, Hall's Apple Orchard, and Sun Harvest Greenhouses.*** Available at the pub / restaurant.

### ***Wendy's Country Market***

408 Fortune Line Road, Lyndhurst  
613-928-2477  
wmobilemarket@ripnet.com  
www.wendysmobilemarket.com

***Farm fresh veggies, meat and value added products from over 70 local producers. Located in the historic Briar Hill School House. Organic and conventional.***

Open all year round. Phone for seasonal hours.

Hosting monthly events on the farm with chefs, farmers, artisans and music from April to October.

### ***Wendy's Mobile Market***

408 Fortune Line Road, Lyndhurst  
613-928-2477  
wmobilemarket@ripnet.com  
www.wendysmobilemarket.com

***Door to door delivery (individual homes, restaurants, businesses) of locally grown and produced products. Organic and conventional.***

### ***Windmills, Casual Fine Dinning***

Ed Smith  
184 Princess St., Kingston, ON. K7L 1B1  
613-544-3948  
ed@windmills-cafe.com  
www.windmills-cafe.com

***Vegetables, protein, fish, bread, wine, beer from Prince Edward County, Tweed, Battersea, Bay of Quinte, Wolfe Island and Kingston.***

In our restaurant and delivered to your home or venue through our catering department.

## **Want to get listed?**

The National Farmers Union has published the Eating Close to Home Directory since 2005. If you would like to be listed, email [directory@fooddowntheroad.ca](mailto:directory@fooddowntheroad.ca) or visit our website. You can be listed in our online directory now and in the next print edition when it is issued.